

# **ACTIVITY MEETING**

2024-2025

# Required Documentation for Practice



- Physical Examination Card (athletics only)
  - Must pass the physical examination
  - Physical exams are good for 2 years
- 2. Emergency Medical/Informed Consent Form
- 3. Online Registration
- 4. Impact/Baseline Testing

ALL ITEMS MUST BE TURNED IN PRIOR TO THE FIRST PRACTICE.

## Scheduled Start Dates- Fall

High School Football- 8-6 Coach Witman, Mayer, Hoile, Farmer

High School Volleyball- 8-19 Coach King and Meinholz

High School Cross Country- 8-19 Coach Keao and Gretzinger

Middle School Football- 8-13 Coach Wagoner and Coach Dehart (5 PM)

Middle School Volleyball- 8-26 Coach Baker and Hanold (3:30 PM)

Middle School Cross Country- 08-26 Coach Lemaster and Shepherd (3 PM)

# **Additional Baseline Testing**

Tuesday (8/6) 3-6 PM

Thursday (8/8) 3-6 PM

Friday (8/9) 3-6 PM

# RECENT CODE CHANGES





 Students cannot receive any school issued uniform or equipment if they have an outstanding uniform-equipment bill.





#### **HONESTY CLAUSE**

- Any student who brings it to the attention of the Activities Director/Principal or acknowledges a violation of this code in writing shall be suspended for one event or game only and as to any other activities they are involved in, shall incur a reduced penalty.
- This notification needs to take place within 48 hours of the incident and must be acknowledged before any school investigation begins into the incident.
- If it is beyond these parameters, the student does not have ability to qualify for this clause.
- Additionally, the ability to acknowledge a violation shall be available to any student <u>once</u> only during their high school career.

## **ADDED**



# **Spectator CODE OF CONDUCT**

- <u>First Offense</u>: resulting actions that may include removal from the next two home athletic contests of the same sport.
- <u>Second offense-</u> The Spectator will be removed from all home Crandon School District Athletic contests for the remainder of the season including all home playoff contests.
- <u>Third offense</u>- The Spectator will be removed from all home School District of Crandon Athletic contests and other school events and activities for the remainder of the school year.

## Chain of Command

The School District of Crandon believes to best set student-athletes up for success beyond high school. Students need to grow in the following areas: Citizenship, communication, and advocating for themselves. With these goals in mind, Crandon Athletics and Activities have adopted the following procedures for when to meet with a coach or Athletic Director.

# Chain of Command/ 24 Hour Rule

#### 24-Hour Policy:

Student-Athletes, Parents, Relatives, etc. You must wait 24 hours after a game before discussing any issues with the Coach or Athletic Director.

#### **Chain-of-Command:**

- Student-Athlete and Coach Meeting.
- 2. Student Athlete, Coach, and AD meeting.
- Student Athlete, Coach, AD, and Parent meeting.
- 4. Student Athlete, Coach, AD, Principal, and Parent meeting.

# RULES





All students must travel to and from activities by school-provided transportation.

Exceptions must be pre-arranged with administration no later than 10 AM on the day of the event.

Need to complete <u>Alternate Transportation Form</u> (available on website or in office)





Must be in attendance for the full day.

Saturday events/Non-School Day

Friday attendance/Previous Day of School counts

#### **NO TARDIES**

Check in / Receive Passes

**EXCEPTIONS:** Prearranged Absences/Appointments

Official Written Verification of the time and location of the appointment required.





Please make sure any injuries sustained during an activity (practice or game/contest) are reported as soon as possible.





- Students are responsible for any equipment/uniforms issued to them.
- All items need to be returned no later than 1 week of the final contest.
- Seniors may purchase (only in their entirety), if the district is able to purchase a replacement.





- Each team may be establish team specific rules not outlined in the activity code.
- Coaches should cover this at their portion of this meeting.





- If students participate in multiple sports/activities that run concurrently, they must develop an agreed upon practice/performance schedule to all coaches/advisors.
- The schedule must also be approved by the Activities
   Director

# **ELIGIBILITY**





- Eligibility Checks will typically take place every 3 weeks on Monday at 8:00 am.
- These dates will correlate to the "All-School Deadlines".

# **SCHOLASTIC REQUIREMENTS**



- No F's
  - 0 1 F
    - Practice, but no games

Exception- Filling out the academic eligibility form.

- o 2+ F's
  - No Practices or games
  - If they have **2 F**'s for **2** consecutive grade checks they are ineligible for the remainder of the season.



# **New Eligibility Sheet**



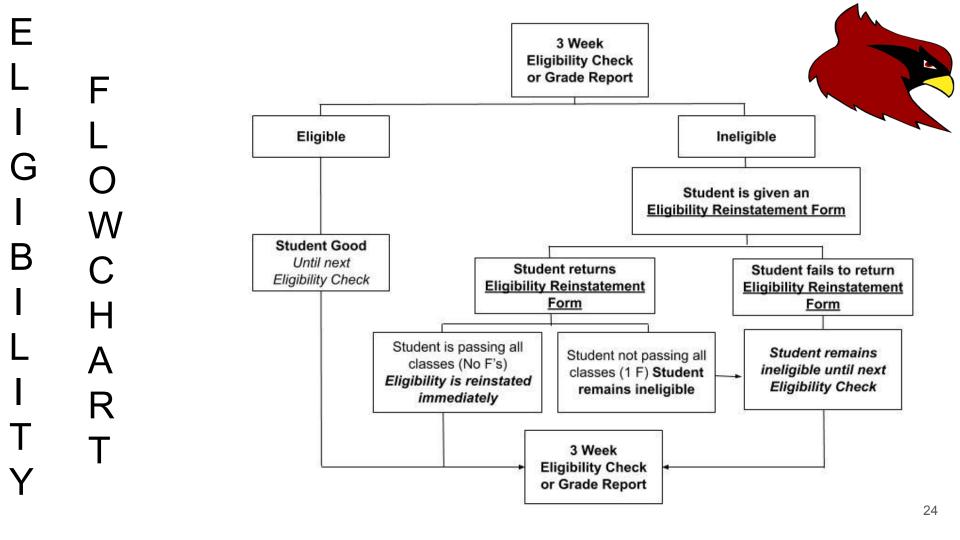


- Ineligible Athletes <u>may not</u> travel with team, if team leaves school early.
  - May transport themselves.
  - They are not allowed to sit on the bench during contests/events.





- A student can regain their eligibility back as soon as they get the grade up & complete the Eligibility Reinstatement Form
- Coaches and AD will determine appropriate disciplinary action.





- Conduct Unbecoming
  - Disrespect to school staff
  - Not following school rules
- Mere Presence Policy
- Alcohol/Tobacco/Drugs





**First Offense** - suspension from 25% of the regularly scheduled contests or events - assessment required.

**Second Offense** - suspension from 50% of the regularly scheduled contests or events - assessment required.

**Third and Subsequent Offenses** - Calendar-year suspension (twelve months from the date of the penalty) - assessment required.

# AWARDS

# **AWARDS - TYPES**

- Team Awards
- Conference Awards







## **All Sports**

- Letter
  - Coaches select/specific MIP criteria
- **Participation**

## **Individual**

- **MVP**
- Specific Team Awards

# **CONFERENCE AWARDS**



- First Team
- Second Team
- Honorable Mention

Nominated by your head coach, then selected by other conference coaches



#### **Academic All Conference**

- 2nd Year Letter Winner in that sport
- 3.5 GPA
- No Code Violations

# REGISTRATION





All forms are to be filled out electronically.

https://crandon-ar.rschooltoday.com/

Use same username & password, if new create new account

Physicals and Alternate year cards need to be uploaded or turned into the office.

**Questions/Concerns Contact:** 

Mrs. Ashley Palubicki (Middle School Secretary)

715-478-3339 Ext. 6507 palubash@sdofcrandon.com

# SCHEDULES

## www.sdofcrandon.com

Hover over "Extracurricular" Tab

Click on "Athletic Schedule"

Click on "View Schedule"

Select Schedules you want to see

Click "View"

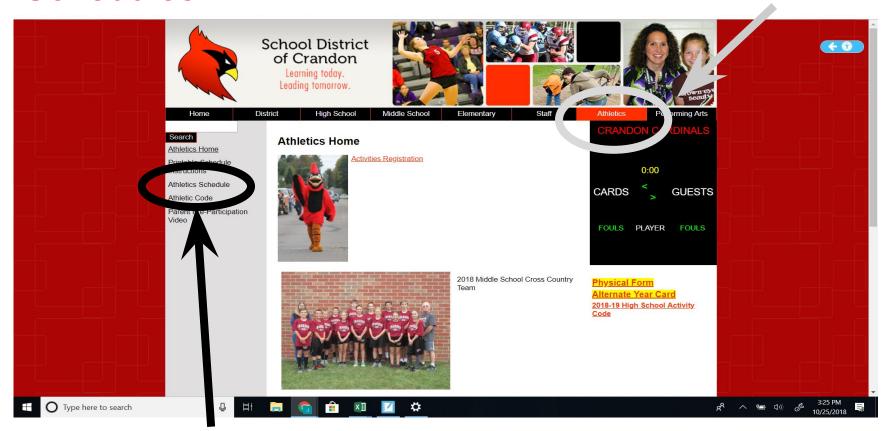
Click "Email This"

Do NOT check any boxes. It will email you a hyperlink. Link is live so it auto updates.

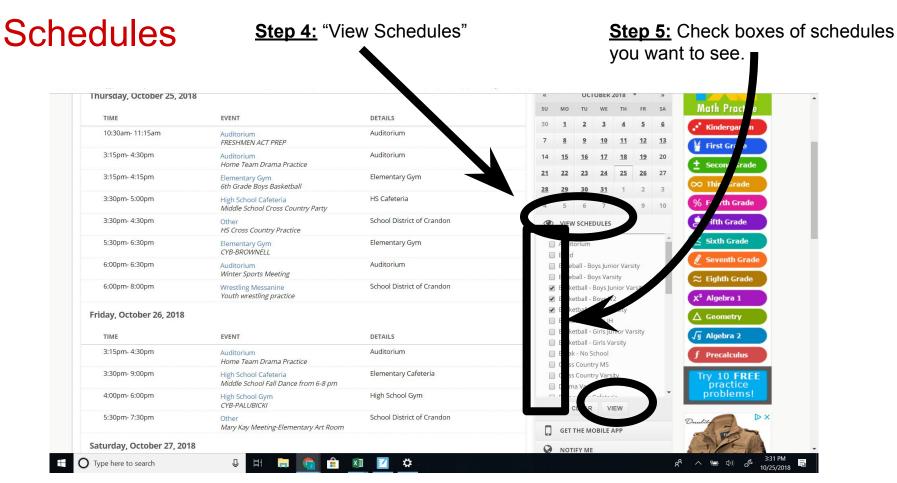
# Schedules

#### **Step 1:** Visit sdofcrandon.com

Step 2: Click "Athletics"

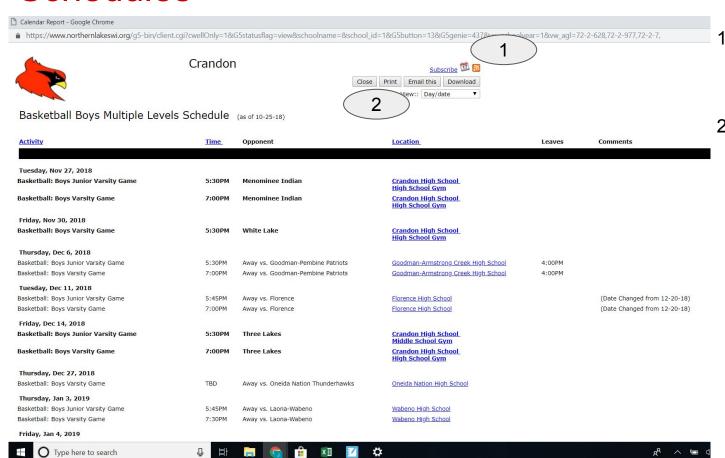


Step 3: Click "Athletics Schedules"



### **Schedules**

### Step 7: View The Schedules



#### <u>TIPS/TRICKS</u>

- Subscribe to calendar (Add to your phone iphone/android)
- Email to yourself (if you don't check the boxes for pdf or others it will email link)
  - a. If changes are made, the link auto updates based on the schedule you selected

# FOR YOUR DEVICE

## Get the App

## Apple



#### Activity Scheduler 4+

Dwebsite

#159 in Sports

★★★★☆ 3.8, 12 Ratings

Free

## **Android**



### Activity Scheduler

rSchoolToday Sports

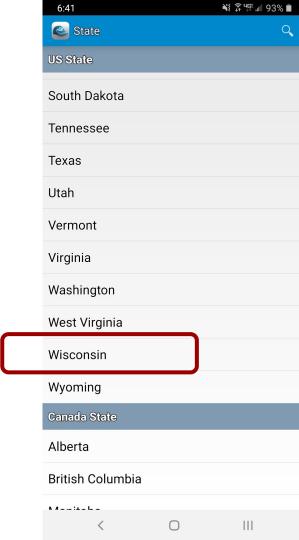
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Contains Ads

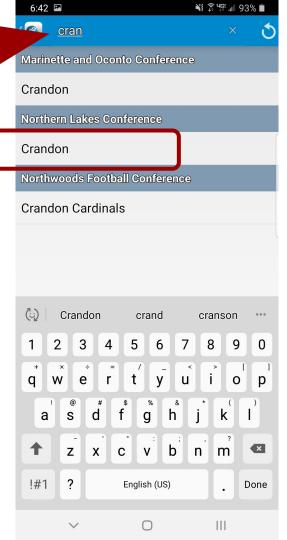
1 This app is compatible with your device.

Add to V

# Select Wisconsin



# Search — "Crandon"



Northern Lakes Conference is the correct one for ALL

# General Page shows daily activities



# Select specific schedules by clicking



# REQUIRED ITEMS

## **Required Documentation**



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# REGISTER NOW!

https://crandon-ar.rschooltoday.com/

# ATHLETIC TRAINING

## CONTACT INFORMATION

### Mariah Nelson, LAT, ATC

Email: Mariah.Oemig@aspirus.org

• Cell: (715) 815-7100

Please do not be afraid to contact me with questions or concerns about your child's health as it relates to athletics.

Please use discretion when contacting me via my cell phone as this is my personal number, not a work number.

### SERVICES PROVIDED

I provide free health services to Crandon students and athletes with orthopedic injuries.

### Services Provided:

- High school sports practice/game coverage
- Injury evaluation/assessment
- Treatment/rehabilitation
- Immediate & emergency care
- Preventative care

## **Activities Director**

Tressa Votis
votistre@sdofcrandon.com
715-478-6182 (Direct Line)

# TEAM MEETINGS

**HS Football-Auditorium** 

HS Volleyball-IMC

HS Cross Country-HS Lunchroom