



ACTIVITIES MEETING

2025-2026

ATTENDANCE

Please be sure to sign in on the clipboard!

If viewing online after the meeting, please sign the Google form provided.

Scheduled Start Dates- Fall

High School Football- 8-5 Coach Witman, Mayer, Hoile, Wissbroecker

High School Volleyball- 8-18 Coach King and Meinholz

High School Cross Country- 8-18 Coach Keao and V. Wagoner

Middle School Football- 8-11 Coach Samz and Glinski (5-7 PM)

Middle School Volleyball- 8-25 Coach Poe and Asbach (3:30 PM)

Middle School Cross Country- 08-25 Coach Lemaster and Shepherd (3 PM)

Required Documentation for Practice



1. Online Registration using Arbiter Account (**new**)
 - <https://www.sdofcrandon.com/extracurricular/>

MUST BE COMPLETED PRIOR TO THE FIRST PRACTICE

2. SWAY concussion testing (will be done at practice with Mariah)

Physicals/Alt. Year Information

Physical dated April 1, 2025 or after

- Only need a copy of your most recent physical to upload when registering

Physical dated April 1, 2024 or after

- Copy of most recent physical to upload with registration and
- Agree to alternate year card(**this is filled out online during the registration process**)

Physical dated March 31, 2024 or before

- Need a new physical completed and signed by a medical provider and parent/guardian. Upload completed form when registering.

Need Help?

If you are unsure if a physical is on file or when a physical was last completed please email Melanie Wagoner @ wagonmel@sdoofcrandon.com in the MS/HS Office.

If you need a copy to upload during the registration process, contact your healthcare provider or the MS/HS Office.

SPORTS YOU APP-TEAM COMMUNICATION

The logo for 'sportsYou' is centered on a solid red background. The word 'sports' is in a lowercase, rounded sans-serif font, and 'You' is in a similar font but with a capital 'Y'. A thin white horizontal line is positioned directly below the logo.

sportsYou

**HOW TO JOIN A TEAM OR
GROUP IN THE APP**

ACCESS CODES FOR SPORTS YOU

HS FOOTBALL	9YWR-YW7N
HS VOLLEYBALL	N367-3RCQ
HS CROSS COUNTRY	HM3F-HY78
MS FOOTBALL	D23T-43QN
MS VOLLEYBALL	EVGU-ASXV
MS CROSS COUNTRY	ZF3P-SMBQ

ATHLETIC CODE SUMMARY



ATTENDANCE

Must be in attendance for the full day to practice/play!

Saturday events/Non-School Day (does not apply to virtual days)

Friday attendance/Previous Day of School counts

TARDY-less than 10 minutes late.

EXCEPTIONS: Prearranged Absences for
Appointments/Emergencies (communicate!!)

*Official Written Verification of the time and location of the
appointment required.*

JOINING A SPORT LATE



****NEW FOR 25-26**

****AFTER TWO WEEKS, APPROVAL TO JOIN MUST BE OBTAINED BY THE HEAD COACH AND ATHLETIC DIRECTOR WITH VALID REASON.**

Skill Building – Don't miss early training and fundamentals

Team Chemistry – Build strong bonds from the start

Physical Readiness – Get in shape safely with the team

Coach's Trust – Show commitment and responsibility

Opportunities – Earn positions and playing time early

****IF YOU ARE FACING A CODE VIOLATION, YOU MUST JOIN ON TIME!**



OUT-OF-TOWN TRAVEL

All students must travel to and from activities by school-provided transportation.

Exceptions must be pre-arranged with administration no later than 10 AM on the day of the event.

Need to complete Alternate Transportation Form
(available on website or in office)

INJURIES



Please make sure any injuries sustained during an activity (practice or game/contest) are reported as soon as possible.



EQUIPMENT/UNIFORMS

- Students cannot receive any school issued uniform or equipment if they have an outstanding uniform-equipment bill.
- Students are responsible for lost or damaged equipment.
- Seniors may purchase their entire uniform.

TEAM RULES



- Each team may be establish team specific rules not outlined in the activity code.
- Coaches should cover this at their portion of this meeting.



Ineligible Athletes

- Ineligible Athletes may not travel with team, if team leaves school early.
 - May transport themselves.
 - They are not allowed to sit on the bench during contests/events.
 - Not allowed to be in uniform OR wear a jersey.

CHAIN OF COMMAND



The School District of Crandon believes to best set student-athletes up for success beyond high school. Students need to grow in the following areas: Citizenship, communication, and advocating for themselves. With these goals in mind, Crandon Athletics and Activities have adopted the following procedures for when to meet with a coach or Athletic Director.

Chain of Command/ 24 Hour Rule



24-Hour Policy:

Student-Athletes, Parents, Relatives, etc. You must wait 24 hours after a game before discussing any issues with the Coach or Athletic Director.

Chain-of-Command:

1. Student-Athlete and Coach Meeting.
2. Student Athlete, Coach, and AD meeting.
3. Student Athlete, Coach, AD, and Parent meeting.
4. Student Athlete, Coach, AD, Principal, and Parent meeting.



SCHOLASTIC REQUIREMENTS

- Eligibility Checks will typically take place every 3 weeks on Monday at 8:00 am.
- These dates will correlate to the “All-School Deadlines”.
- If a student has an F, they are immediately ineligible for competition and will serve a minimum of a one game suspension.



SCHOLASTIC REQUIREMENTS

- **No F's**
 - 1 F
 - Practice, but no games
 - 2+ F's
 - No Practices or games
 - If they have **2 F's** for **2** consecutive grade checks they are ineligible for the remainder of the season.

FALL SPORTS



If a student failed classes in the second semester of the previous school year, per the WIAA the minimum ineligibility period will be the lesser of:

- 21 consecutive calendar days beginning with the earliest allowed date of competition
- $\frac{1}{3}$ of the maximum number of games/meets allowed in a sport (rounded up if $\frac{1}{3}$ results in a fraction)



New Eligibility Sheet



CODE VIOLATIONS - TYPES

- Conduct Unbecoming of a participant
 - Examples could include: unexcused absences, academic dishonesty, bullying, criminal activity, poor sportsmanship, etc.
- Mere Presence Policy
- Alcohol/Tobacco/Drugs



PENALTIES

First Offense - suspension from 25% of the regularly scheduled contests or events - assessment required.

Second Offense - suspension from 50% of the regularly scheduled contests or events - assessment required.

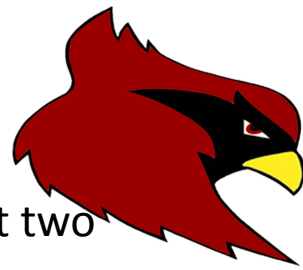
Third and Subsequent Offenses - Calendar-year suspension (twelve months from the date of the penalty) - assessment required.

HONESTY CLAUSE



- Any student who brings it to the attention of the Activities Director/Principal or acknowledges a violation of this code in writing shall be suspended for one event or game only and as to any other activities they are involved in, shall incur a reduced penalty.
- This notification needs to take place within 48 hours of the incident and must be acknowledged before any school investigation begins into the incident.
- If it is beyond these parameters, the student does not have ability to qualify for this clause.
- Additionally, the ability to acknowledge a violation shall be available to any student once only during their high school career.

Spectator CODE OF CONDUCT



- First Offense: resulting actions that may include removal from the next two home athletic contests of the same sport.
- Second offense- The Spectator will be removed from all home Crandon School District Athletic contests for the remainder of the season including all home playoff contests.
- Third offense- The Spectator will be removed from all home School District of Crandon Athletic contests and other school events and activities for the remainder of the school year.
- NEW! WIAA now requires an ejected fan must complete the NFHS sportsmanship course to re-enter athletic competition.



MULTISPORT ATHLETES

- If students participate in multiple sports/activities that run concurrently, they must develop an agreed upon practice/performance schedule to all coaches/advisors.
- The schedule must also be approved by the Activities Director



AWARDS

- **All-Conference**
- Sport specific
- Nominations vs Performance based criteria
- **Team Awards**

Academic All Conference

- 2nd Year Letter Winner in that sport
- 3.5 GPA
- No Code Violations

SCHEDULES

SCHOOL WEBSITE (www.sdofcrandon.com)

Click on “Students”

Click on “Activity Schedule”

Click on “View Schedules”

Select Schedules you want to see

Click “View”

ATHLETIC TRAINING

CONTACT INFORMATION

Mariah Oemig, LAT, ATC

- Email: Mariah.Oemig@aspirus.org
- Cell: (715) 815-7100

Please do not be afraid to contact me with questions or concerns about your child's health as it relates to athletics.

Please use discretion when contacting me via my cell phone as this is my personal number, not a work number.

SERVICES PROVIDED

I provide free health services to Crandon students and athletes with orthopedic injuries.

Services Provided:

- High school sports practice/game coverage
- Injury evaluation/assessment
- Treatment/rehabilitation
- Immediate & emergency care
- Preventative care

SWAY TESTING/CONCUSSION INFORMATION

[Suggested Concussion Management](#)

SWAY

- SWAY is a mobile assessment tool that combines balance and cognitive screening measures to support healthcare professionals in assessing and managing concussions.
 - SWAY tests balance, inspection time, reaction time, impulse control, and memory.
- SWAY is the first and only mobile medical device cleared by the FDA as an assessment aid for concussions.
- Sway offers unlimited testing that can be tailored to each individual athlete.
- More sideline friendly than ~~Impact~~ or SCAT-6.
- SWAY testing must be completed prior to participating on the first day of practice.
 - SWAY information handout has the QR code needed for downloading the app on your child's phone.



ADDITIONAL NOTES

- **We are using HUDL FAN for all streaming this year! Feel free to unsubscribe to NFHS.**
- **SPORTS SCHEDULE POSTERS: We have a contract through Winter of 25-26 but will be making these locally in the near future.**
- **We will be seeking sponsorships for both projects!**

Activities Director

Tressa Votis

votistre@sdofcrandon.com

715-478-6182 (Direct Line)

TEAM MEETINGS

HS Football-Auditorium

HS Volleyball-HS Lunchroom

HS Cross Country-Jon Wagoner's Classroom (MS
HALLWAY)